# INFOPACK

TraveLution 11.-17.8.2025



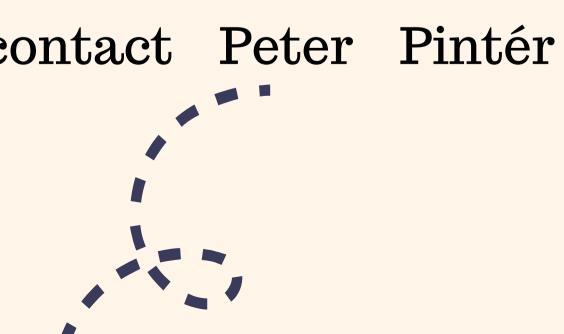


### WELCOME ABOARD!

We are glad that you are interested in our international project in the Erasmus + program. In the INFO PACK, you will find information about the project TraveLution

If you have any questions, you can contact Peter at:+421918486034, peter@do-fenix.sk





### Join the TraveLution - Explore, Exchange, Evolve!

Our youth exchange TraveLution organised with the support of the Erasmus+ programme awaits us. This project connects two ways: Travel and Evolution and how each of these two ways shapes us.

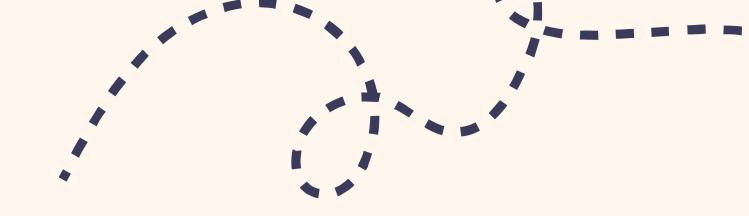
This youth exchange is designed for young people, who would like to discover the world, broaden their horizons and discover what travelling can be about. Through our activities, discussions and workshops we will recognize the different aspects of travelling.

TraveLution is more than the journey to another country. It is an opportunity for your personal growth, to build international friendships and to acquire new experiences which can inspire your actions.

### OUR OBJECTIVES

Develop awareness about different aspects of travel:

- Focus on the various perspectives of travelling- Through activities, non-formal education, simulations, roleplays, and discussion.
- Sustainable travel- Focusing on eco-friendly travel practices, how we can reduce our carbon footprint, and possibilities to travel responsibly.
- Travelling today vs. travelling in the past- Comparing the modern means of travel with travelling in previous decades and centuries.
- Exploring new countries and cultures- Understanding and appreciating cultural diversity, exchanging experiences, and broadening our horizons.
- The impact of travel on personal growth and global citizenship- How travelling can contribute to developing empathy, social responsibility, and a deeper understanding of the world around us.



### **OUR OBJECTIVES**

- Strengthen cooperation throughout Europe and get to know Erasmus+ programme for youth
- Develop your skills about event organizing and non formal education
- Gain information about Youthpass certificate and competencies, understand importance of the certificate and use it to the recognition of your acquired knowledge and skills

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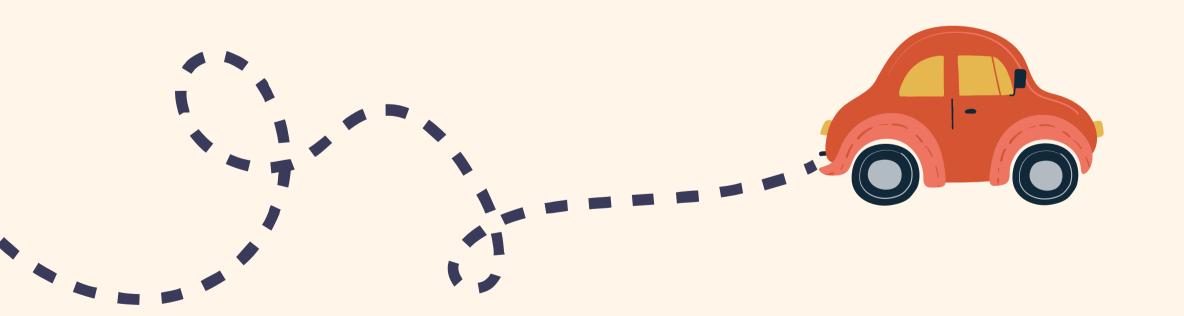
### PARTICIPANTS

- Young people from Hungary, Romania and Slovakia from 14 to 17 years old, plus one group leader
  - Each group has 13 participants plus one group leader.



### **TRAVEL INFORMATION**

- Arrival date is Monday, 11 th August 2025, preferably by 5pm, the dinner will be at 6:30pm.
- <u>Departure day</u> is Sunday 17 th August 2025 by 10am after breakfast.



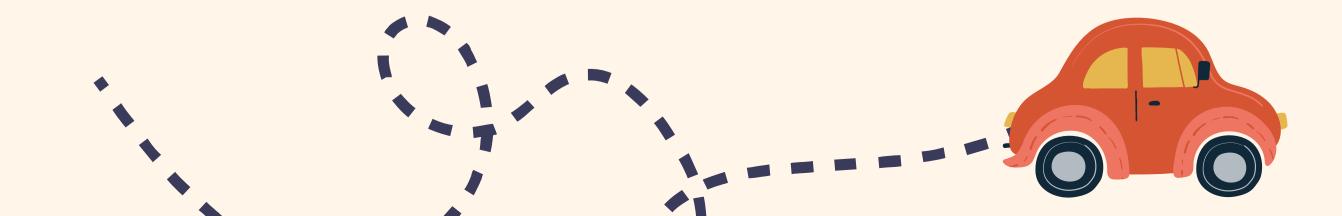
### TRAVEL INFORMATION

- Travel expenses will be reimbursed according to the Erasmus+ distance bands using Erasmus+ distance calculator: https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator
- Encourage you to use the "green" ways of transport bus, train or carpool. The maximum amount for the whole journey, which we can reimburse within your distance band is displayed in the chart below.

Travel Distance	Green Travel (€)	Non-Green Travel (€)
10 – 99 km	56	28
100 – 499 km	285	211
500 – 1,999 km	417	309
2,000 – 2,999 km	535	395
3,000 – 3,999 km	785	580
4,000 – 7,999 km	1188	1188
8,000 km or more	1735	1735

### **TRAVEL INFORMATION**

- To reimburse your travel expenses we will need the originals of your bus, train or flight tickets. If you choose to use the private carrier, we will need the invoice and the proof of payment. If you choose to use your car we will need the receipt for the fuel and tolls and the copy of your vehicle registration. We are not able to reimburse car rental, we can reimburse only fuel cost and motorway tolls. Please consult your transport with us before you arrange it.
- We will reimburse your travel expenses after the end of the project when you provide originals of all travel documents. We can accept travel documents only from up to 2 days before and up to 2 days after the project days.



### **TRAVEL INSURANCE and HEALTHCARE**

Every participant except those from Slovakia must have travel insurance. Your travel insurance must be concluded in your country of residence and it needs to be for the whole duration of the project.

To reimburse your travel insurance expenses, we will need the original of your insurance contract and the proof of payment. Travel insurance will be reimbursed to your organisation after the end the project.

For the first aid and basic healthcare we will have paramedic available on site for the whole duration of your stay.





Our youth exchange will be held in town SNINA in the northeast of Slovakia. Snina is an economic and administrative centre of the region marked by outstanding natural riches.

The town is a gate to the originally volcanic Vihorlat protected landscape area and the Poloniny National Park. The latter, alongside the adjacent areas in Poland and the Ukraine, constitutes the region of Eastern Carpathians

declared a UNESCO international biosphere reserve in 1993 so as to protect primeval forest habitats.

The local natural and cultural sights are further complemented by the Starina reservoir and the natural riches and a healthy environment provide the town and its surroundings with a great potential for recreation and tourism development. (https://slovakia.travel/en/snina)





### ACCOMMODATION

The site of the project is Vihorlat Resort (<u>https://vihorlatresort.sk</u>) in Sninske Rybniky recreational area just outside the town. Accommodation is provided in triple rooms and bathroom facilities are shared among two rooms. Pool, volleyball and basketball courts are available on site.

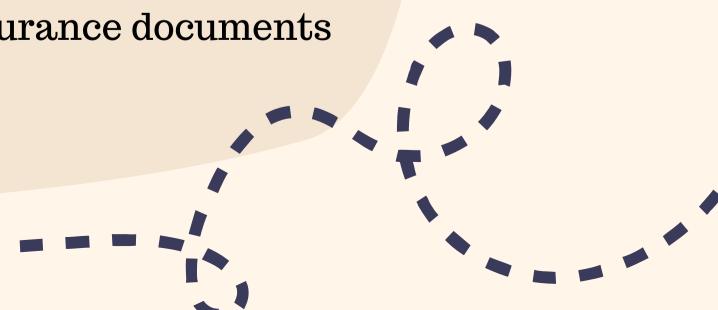
Accommodation and food is fully covered by Erasmus+ programme.



# What to pack

- Comfortable clothes and shoes, slippers, swimsuit and sturdy boots for hiking.
- Everything you need for the presentation about your country.
  - All necessary medicine for your allergies, intolerances etc. if you need it

Originals of your travel and insurance documents



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## HOMEWORK

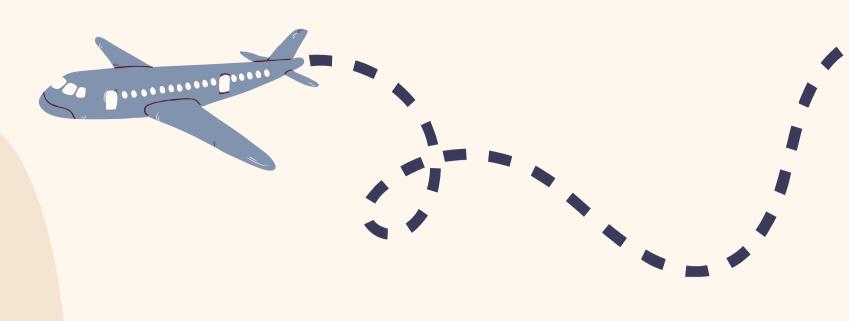
Please be ready to prepare an evening programme where you present your country, region, culture, traditions or organisation. Be creative, there are no limitations, it's only up to you!

Adventure

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# We are excited about our journey full of inspiration and discovery!

Maria and Peter

